

2 Day Short Course

# Couples Massage

Connect with your partner through Massage



“

My partner and I did this short course to learn some massage techniques to relieve stress. We had a lot of fun and enjoyed learning about the different essential oils to increase the therapeutic effect of the massage. It was a great weekend – I would recommend it to any couple.”

Enjoy an  
indulgent,  
therapeutic,  
weekend with  
your partner

Take the time to reconnect with your partner and learn how to perform a relaxation massage on one another in this practical and informative two day short course.

Massage is known to directly stimulate the body's lymph flow and indirectly relaxes the nervous system and decreases blood pressure. This short course will not only enable you to spend time with your partner but will also equip you with the knowledge to provide a therapeutic massage with corresponding essential oils.

## WHAT YOU WILL LEARN

Over two days participants will learn theoretical and practical skills including:

- How essential oils are recognised in the body and the health benefits they have
- Individual essential oil profiles and uses in massage
- Provide a relaxation massage sequence with use of essential oils on your partner
- Contraindications and safety

## 2 Day Short Course

9am to 4:30pm

This course is accredited with ANTA for 13 CPE points (per person)

**Brisbane, Melbourne, Perth & Sydney**

14 & 15 January 2012

28 & 29 April 2012

**Adelaide & Gold Coast**

28 & 29 April 2012

### Cost

Public Price

**\$375 per couple**

Endeavour Student Price

**\$345 per couple**

**To book please fill out the form on the back**

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DATE (Select your course date) – **2 Day Short Course** 9am to 4:30pm

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## Melbourne

14 & 15 January 2012

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## Sydney

14 & 15 January 2012

28 & 29 April 2012

## YES – BOOK A PLACE FOR ME!

Contact Name

Address

Phone

Email

Date of Birth

Student Number (if applicable)

Credit Card type: Visa  Mastercard  My cheque is enclosed

Cardholder's Name

Signature

Credit Card Number

Expiry date

## BOOK ONLINE

[www.shortcourses.endeavour.edu.au/estore](http://www.shortcourses.endeavour.edu.au/estore) or call 1300 462 887

Email: [shortcourses@endeavour.edu.au](mailto:shortcourses@endeavour.edu.au)

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## CANCELLATION POLICY

Payment must be made upfront for any Endeavour Learning Group face to face or online Short Course booking. Bookings without payment are not considered secure bookings. Bookings that require an invoice will only be considered 'firm' for the term of that invoice.

Endeavour Learning Group reserves the right to cancel, close or reschedule short courses. In the event of Endeavour Learning Group cancelling or rescheduling a course, participants have the option of transferring their booking to an alternative date or transferring to a different course of equal value.

In the event that you are unable to attend you are eligible to transfer to an alternative date or course of equal value or send a substitute in your place however no refunds will be issued.

Short Course prices are correct at the time of publication.

Discover the future of wellbeing

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