

2 Day Short Course

Lymphatic Drainage

Manually rid the body of toxins



For Massage Students and Qualified Therapists

“

The Short Course provided me with the confidence to deliver a manual lymphatic drainage massage to my clients. I needed a refresher as I have not practiced for some time. I walked away from the short course feeling assured in my skills as a massage therapist. ”

This workshop concentrates on Manual Lymphatic Drainage techniques that can be utilised for practitioners and carers to aid in the relief of lymphatic discomfort due to normal swelling from injury or more complicated physical conditions.

Lymphatic Drainage Massage uses techniques which stimulate the lymph vessels aiding the body in its natural processes. These techniques are deeply relaxing, aid in healing fractures, torn ligaments, sprains, help to strengthen the immune system and relieve fluid congestion including common complaints such as sinusitis and rheumatoid arthritis.

The course is designed to answer the question of when lymphatic drainage is appropriate and when more complex therapies should be used involving specialist care. This workshop is for massage students, carers

and massage practitioners wanting to add another dimension to their professional scope of practice and assist their clients with the complexities of lymph-related conditions.

WHAT YOU WILL LEARN

Over two days participants will learn theoretical and practical skills including:

- The health benefits of manual lymphatic drainage
- Anatomy and physiology of the lymphatic system
- Practical demonstration of the routine
- Hands-on practice of the massage routine guided by instructors
- Safety considerations and contraindications

2 Day Short Course

9am to 4:30pm

This course is accredited with AAMT for 10 CPE points and with ANTA for 13 CPE points

Sydney

12 & 13 November 2011 21 & 22 April 2012
10 & 11 December 2011 2 & 3 June 2012
18 & 19 February 2012

Brisbane

12 & 13 November 2011 21 & 22 April 2012
18 & 19 February 2012 2 & 3 June 2012

Melbourne

18 & 19 February 2012
21 & 22 April 2012
2 & 3 June 2012

Adelaide

21 & 22 April 2012
2 & 3 June 2012

Cost

Public Price
Endeavour Student Price

\$350
\$315

To book please fill out the form on the back

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Adelaide

21 & 22 April 2012
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YES – BOOK A PLACE FOR ME!

Contact Name

Address

Phone Email

Date of Birth Student Number (if applicable)

Credit Card type: Visa Mastercard My cheque is enclosed

Cardholder's Name

Signature

Credit Card Number

Expiry date /

BOOK ONLINE

www.shortcourses.endeavour.edu.au/estore or call 1300 462 887

Email: shortcourses@endeavour.edu.au

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CANCELLATION POLICY

Payment must be made upfront for any Endeavour Learning Group face to face or online Short Course booking. Bookings without payment are not considered secure bookings. Bookings that require an invoice will only be considered 'firm' for the term of that invoice.

Endeavour Learning Group reserves the right to cancel, close or reschedule short courses. In the event of Endeavour Learning Group cancelling or rescheduling a course, participants have the option of transferring their booking to an alternative date or transferring to a different course of equal value.

In the event that you are unable to attend you are eligible to transfer to an alternative date or course of equal value or send a substitute in your place however no refunds will be issued.

Short Course prices are correct at the time of publication.

Discover the future of wellbeing

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