

2 Day Short Course

Reflexology In Practice

Learn how to trigger your body's natural healing response, relieve stress and promote relaxation



Each participant will receive a Reflexology foot and hand chart



I've always been fascinated by the practice of reflexology. This highly practical course opened my mind to its benefits of healing and relaxation. ”

This short course offers an introduction to the natural therapy of Reflexology.

It's designed for anyone interested in the benefits of foot reflexology and how to apply this knowledge at home with friends and family. Participants will develop an understanding of the history of Reflexology and some of the basics of practice.

Reflexology is a simple, safe and effective form of non-invasive holistic healing. It is based on the principle that all the organs, glands and parts of the body are represented with reflex points on the feet, hands and ears. By stimulating those reflexes using specific techniques of the fingers, thumbs and knuckles, there will be an effect on the corresponding organ.

Reflexology has numerous benefits including relieving stress and promoting deep relaxation; Cleansing the toxins from the body; Promote balance and normal functioning; As well as re-energising the body, mind and soul.

WHAT YOU WILL LEARN

Over two days participants will cover a combination of theory and practical skills including:

- The history and benefits of reflexology
- Precautions and contraindications
- Systems of the body
- Foot observations and techniques
- Reflex points on the foot
- Provide a full foot sequence

2 Day Short Course

9am to 4:30pm

This course is accredited with ANTA for 13 CPE points

Sydney

19 & 20 November 2011
7 & 8 January 2012
17 & 18 March 2012
19 & 20 May 2012
23 & 30 June 2012

Brisbane

5 & 6 November 2011
16 & 17 January 2012
17 & 18 March 2012
19 & 20 May 2012

Melbourne & Perth

5 & 6 November 2011
17 & 18 January 2012
17 & 18 March 2012
19 & 20 May 2012

Adelaide and Gold Coast

17 & 18 March 2012

Cost

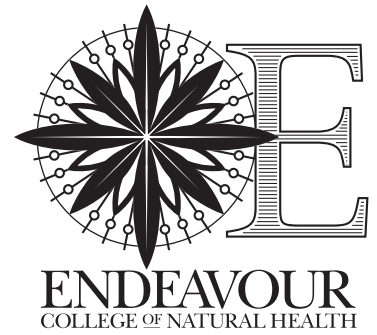
Public Price
Endeavour Student Price

\$325
\$295

To book please fill out the form on the back

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DATE (Select your course date) – 2 Day Short Course 9am to 4:30pm

Sydney		Melbourne		Adelaide	
19 & 20 November 2011	<input type="checkbox"/>	5 & 6 November 2011	<input type="checkbox"/>	17 & 18 March 2012	<input type="checkbox"/>
7 & 8 January 2012	<input type="checkbox"/>	17 & 18 January 2012	<input type="checkbox"/>	Gold Coast	
17 & 18 March 2012	<input type="checkbox"/>	17 & 18 March 2012	<input type="checkbox"/>	17 & 18 March 2012	<input type="checkbox"/>
19 & 20 May 2012	<input type="checkbox"/>	19 & 20 May 2012	<input type="checkbox"/>		
23 & 30 June 2012	<input type="checkbox"/>				
Brisbane		Perth			
5 & 6 November 2011	<input type="checkbox"/>	5 & 6 November 2011	<input type="checkbox"/>		
16 & 17 January 2012	<input type="checkbox"/>	17 & 18 January 2012	<input type="checkbox"/>		
17 & 18 March 2012	<input type="checkbox"/>	17 & 18 March 2012	<input type="checkbox"/>		
19 & 20 May 2012	<input type="checkbox"/>	19 & 20 May 2012	<input type="checkbox"/>		

YES – BOOK A PLACE FOR ME!

Contact Name

Address

Phone Email

Date of Birth Student Number (if applicable)

Credit Card type: Visa Mastercard My cheque is enclosed

Cardholder's Name

Signature

Credit Card Number

Expiry date /

BOOK ONLINE

www.shortcourses.endeavour.edu.au/estore or call 1300 462 887
Email: shortcourses@endeavour.edu.au

COST

Public Price **\$325**
Endeavour Student Price **\$295**

CANCELLATION POLICY

Payment must be made upfront for any Endeavour Learning Group face to face or online Short Course booking. Bookings without payment are not considered secure bookings. Bookings that require an invoice will only be considered 'firm' for the term of that invoice.

Endeavour Learning Group reserves the right to cancel, close or reschedule short courses. In the event of Endeavour Learning Group cancelling or rescheduling a course, participants have the option of transferring their booking to an alternative date or transferring to a different course of equal value.

In the event that you are unable to attend you are eligible to transfer to an alternative date or course of equal value or send a substitute in your place however no refunds will be issued.

Short Course prices are correct at the time of publication.

Discover the future of wellbeing

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