

1 Day Short Course

Seated Massage

Learn how to relieve head, neck and shoulder muscular tension



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Endeavour's approach to seated massage is so incredibly effective that in just 10 minutes it fixed a painful condition which for 9 months had prevented me from moving my arms. Since completing the course, I have provided several clients with seated massage and they have been impressed with the results.

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Seated Massage is a technique that can be applied anywhere and includes the massage technique Tui Na which is a Chinese style of massage practiced over clothing. This technique not only works on the muscles and joints, assisting in the healing of the body's muscular system it works also at a deeper level, affecting the flow of vital life energy (Qi) in the body.

This short course provides the techniques and knowledge required to confidently perform a Seated Massage based on the principles of traditional Chinese massage. The participant will learn the skills required to apply this massage technique safely and effectively over the neck, shoulders, arms and hands. This short course is for qualified therapists and

massage students to broaden their scope and skill-set. However, anyone interested in beginning a career in remedial therapies is welcome to enrol, as techniques can be modified to suit your skill level.

WHAT YOU WILL LEARN

Over one day participants will cover:

- History of Tui Na massage and how it was developed
- The advantages of "dry style" seated massage
- Practical massage applications and techniques
- Perform a full seated massage sequence on the head, neck and shoulders.

1 Day Short Course 9am to 4:30pm

This course is accredited with ANTA for 6.5 CPE points

Brisbane & Melbourne

3 March 2012
27 May 2012

Sydney

4 March 2012
27 May 2012

Adelaide

3 March 2012

Cost

Public Price
Endeavour Student Price

\$195
\$150

To book please fill out the form on the back

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4 March 2012

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Melbourne

3 March 2012

27 May 2012

Adelaide

3 March 2012

YES – BOOK A PLACE FOR ME!

Contact Name

Address

Phone

Email

Date of Birth

Student Number (if applicable)

Credit Card type: Visa Mastercard My cheque is enclosed

Cardholder's Name

Signature

Credit Card Number

Expiry date /

BOOK ONLINE

www.shortcourses.endeavour.edu.au/estore or call 1300 462 887

Email: shortcourses@endeavour.edu.au

COST

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CANCELLATION POLICY

Payment must be made upfront for any Endeavour Learning Group face to face or online Short Course booking. Bookings without payment are not considered secure bookings. Bookings that require an invoice will only be considered 'firm' for the term of that invoice.

Endeavour Learning Group reserves the right to cancel, close or reschedule short courses. In the event of Endeavour Learning Group cancelling or rescheduling a course, participants have the option of transferring their booking to an alternative date or transferring to a different course of equal value.

In the event that you are unable to attend you are eligible to transfer to an alternative date or course of equal value or send a substitute in your place however no refunds will be issued.

Short Course prices are correct at the time of publication.

Discover the future of wellbeing

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