Dear BTFA member,

*A Textbook of Bowen Technique* was published just over a year ago and so far it has received very positive feedback. The book outlines a valuable holistic assessment technique that helps the therapist to 'target' Bowen Therapy to the place at which it is most needed.

On the 22nd - 23rd of March we are running a workshop in Melbourne that will outline the *Textbook approach* to Bowen therapy.

This one and a half day workshop will cover:

- Historical overview of the Bowen Technique
- Underlying principles and theory
- Holistic assessment techniques
- Procedures to influence the 'Central Axis'
- Procedures to influence the Pelvis
- How to provide a 'targeted' Bowen treatment

This is the same workshop that I presented this year in the U.S.A. and the U.K. and I have included here some of the wonderful feedback we received. If you are interested in learning how to tailor therapy according to individual need, you will love this workshop.

The workshop is accredited for CUE points with various professional bodies including the BTFA. Please feel free to contact me if you require any further information.

Graham Pennington

Textbook Bowen Seminars

www.bowenseminars.com.au
A Textbook of Bowen Technique

MELBOURNE WORKSHOP

Existing Bowen Therapist Module - The Importance of Symmetry

1 1/2 day Seminar

9:00am - 4:30pm Saturday 22nd March, 2014

9:00am - 12:30pm Sunday 23rd March, 2014

Tom Bowen assessed every patient he treated and then he targeted his therapeutic intervention to a few specific points. Every patient he treated received an individualised therapeutic intervention that was based upon assessment. With each patient Tom was able to achieve all this in just a few minutes.

The goal of this seminar is to educate existing Bowen Therapists so that they may assess each patient in a holistic way and be able to locate and release the particular muscle tension that is sustaining each patient’s dysfunction. In a nutshell, I am not trying to teach a new system of Bowen Technique, I am trying to enhance your ability to use the techniques you already know.

This workshop will improve your clinical outcomes and your confidence without damaging the integrity of your technique. I believe it will forever change the way you practice Bowen Therapy.

Cost: The seminar fee is $295-

Venue: The Tudor, Box Hill (Best Western) 1101 Whitehorse Road Box Hill

To enrol: Please email Graham Pennington - info@bowenseminars.com.au

or phone 0355 612 442 (bus) or 0467 612 442 (mob)

or mail to, P.O. Box 1105, Warrnambool, Vic., 3280

www.bowenseminars.com.au
Some recent feedback about our seminar...

After attending Graham Pennington’s seminar, I find that words seem inadequate to express all the positive feelings and knowledge that I brought home with me. Thank you so much Graham. You expanded my horizons and knowledge-base exponentially...

If you are a Bowen practitioner, being open to the information Graham imparts has the potential to transform your practice in the direction you choose. If you are a serious and curious student of Bowen, take his course and/or get his book. You won’t be disappointed.

Bowtech Instructor who attended the Ohio Workshop in June, 2013

I am posting this at the conclusion of Graham’s class in Ohio. This is a wonderful interpretation of the Bowen Technique. What an eye opener it was! I’ve been to numerous Bowen and other bodywork courses over the past 18 years and Graham’s is #1. I didn’t see anyone during the 2 days look lost, indifferent, or unexcited. I came home and put it all to use immediately, and best of all it works!

For those who are keen on keeping Bowen pure, enhancing their treatment outcomes, finding and removing the root cause of the problem(s), understanding assessment, using re-assessment to evaluate their own moves, and understanding the real evolution of Mr Bowen’s work – This class is a must for you.

If you can’t get to one of his classes, at least read and re-read his book. It will change the way you approach your practice of Bowen Therapy. Hopefully, he will do another next year.

Dr Mitchell Mosher – Author of “Bowen Therapy – Complete Practitioners Guide”

Thank you for the seminar Graham. It was by far the best and most valuable Bowen seminar I’ve ever attended. Your patience and your ability to communicate with other people is fantastic. I am going to put into practice what you have given me and I have no doubt my client outcomes will improve for the better – dramatically! Thanks for the knowledge you have passed on to me.

Graham Hooper, Maryborough May, 2013

It was really nice to meet you Graham, and the workshop was everything I was hoping it would be, specifically as I was looking for that link between Bowen and osteopathy and chiropractic that would give me the courage and the knowledge to tell a chiropractor (face to face) what Bowen can do!

Christine, Lilydale May, 2013

www.bowenseminars.com.au
I've Just finished the Bowen workshop with Graham Pennington...I have to tell you it completely rocked. The purpose of the class was how to do a simple assessment procedure. The assessment tells me: what is happening, what needs to be done and when I've gotten it.

This will allow me to incorporate Bowen even more easily into my practice. I had lots of options and pieces I could use to help folks. Now I feel I have the glue to hold it all together.

Tony Agee, Facebook June, 2013

Glad to report that Graham's Pennington's Workshop in Ohio this weekend was enthusiastically endorsed by those attending as a step forward (or should I say a giant leap) in the practice of Bowen Therapy. For those of us who attended, our practice of Bowen will be more efficient and effective.

Pam Myers - Yahoo Chat group 2013

I wholeheartedly agree with Pam! Thank you, Gene Dobkin & Gene Hummel, for sponsoring the U.S. workshops and for bringing together Bowen therapists from all schools. And thank you Graham for doing the hard work of writing the book and teaching honestly and from the heart! I can't wait to get back to my practice and put this approach to good use.

- Micki

Amazing time spent with Graham Pennington - so overdue. My practice is now connected with the passionate practitioners who I learned and shared with in Ohio. We will meet again when Graham returns and draws in many more of us who are truly serious about Bowen Therapy. Thanks to all and especially Gene Dobkin and Gene Hummel. Wow, it's so SIMPLE!

- Meredith

I whole heartedly agree with my "seminar-mates" who have commented on Graham's seminar in Ohio! It was an EXCELLENT class!

Mark Rogers, Birmingham, MI USA

I think it is true to say that Graham Pennington stole the hearts of every one of us who attended his Bowen workshop in Ohio this weekend. It was just fantastic! His passion for Bowen was crystal clear to all who were fortunate enough to be there.

Graham's style of presentation in such a lively, professional manner, together with his uniquely relaxed humour, brought a refreshing aspect to the work - with many eye-openers along the way! He blew a few fish out of the water!!

Many thanks must go to Gene Hummel & Gene Dobkin for sponsoring his US classes and enabling us to share this unique experience. Graham - A huge thanks to you for sharing your work and insight. I believe your method is the “missing link” in Bowen. It will enhance our Bowen results to the delight of all our clients. I can't wait to get started!

The book is excellent, and I would recommend all serious Bowen therapists get hold of a copy, by fair means or foul - and if at all possible sign up for one of Graham’s classes if you want to take your Bowen work to the next level. Inspiring stuff indeed!

Cheryll Hillier, Orlando, FL

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