



THE WORLD OF PAIN

A biopsychosocial framework for holistic practitioners

2 PART WEBINAR

Presented by Ananda Mahony
B.App.Sc (Nat), MScM (Pain Management)

LEARNINGS AND KEY OUTCOMES

- » Understand pain from a holistic biopsychosocial (BPS) perspective and the importance of psychosocial factors in the persistence of pain
- » Be able to assess a client in chronic pain, and develop a comprehensive treatment strategy using a practical BPS framework
- » Identify and describe the difference between different pain types
- » Develop the knowledge to work collaboratively with a chronic pain care team, and know when to refer
- » Identify key nutritional and herbal therapeutics to be incorporated into a holistic treatment plan for persistent pain
- » Strategies and case studies will be discussed to provide clinical relevance and immediate application

PART 1: Wednesday February 23, 2022 7.00pm (AEDT)

PART 2: Wednesday March 2, 2022 7.00pm (AEDT)

Duration: 2 x 60 minute presentations plus live Q&A

Investment: \$25 (incl GST) **CPE:** 2 points

Register at www.biomedica.com.au/painwebinar

The World of Pain

A biopsychosocial framework for holistic practitioners

Conventional chronic pain management often focuses on a search for a single anatomical cause of pain, and a narrow pathology-based pharmacocentric view. Contrastingly, a holistic approach to chronic pain identifies multiple contributing factors across **biomedical, psychological and social domains**, and understands that as human beings, everything matters. Join this 2-part webinar to discover a practical biopsychosocial (BPS) framework for effectively understanding, assessing and managing chronic pain.



Ananda Mahony B.App.Sc (Nat), MScM (Pain Management)

Ananda works with people who are struggling with chronic ongoing pain caused by a number of conditions. A naturopath for 20 years, Ananda's interest in pain management emerged out of the frustration of seeing patients receive inconsistent treatment and the use of isolated pain management strategies rather than holistic care. Also a lecturer at Torrens University, Ananda has a passion for education and continued learning. Most recently Ananda completed a Masters in the Science of Pain Management at Sydney University.

Your investment includes:

- Live and ongoing on-demand access to webinar content
- Premier access to clinical resources and tools
- Exclusive post-event discount offer for AUS & NZ practitioners

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