

FREE LIVE WEBINAR

Advanced Pre and Post Natal Nutrition

CPE
points
available



Presenter:
Brittany Darling,
Naturopath
Co-Host: Linda Dal Molin

Tuesday, 15th of February 2022
7.00 – 8.30pm AEDT

Learn with Designs for Health as we explore the Dynamics of Nutrition for Pre and Post Natal Nutrition

The evidence is compelling that an integrative nutritional approach to health and wellbeing before, during and after pregnancy maximises the chances of life-long good health. Women and men can improve the chances of a pregnancy and give their baby the best start in life by having a healthy diet, well before a baby is conceived.

Brittany Darling draws on her personal and professional experience to take you on a deep dive into her nutritional perspective on how to enhance pre and post natal health.

She will provide you with clinical gems to support your clients who seek to optimise their health, fertility, successful childbirth and post natal health.

Join us for an engaging session with an expert presentation, case studies and an interactive Q&A session.

We look forward to sharing our knowledge and resources with you – The DFH Australia Team